

AVA R-1
Health Services Department

Dear Parent or Guardian:

Ava R-1 Schools and the Missouri Department of Health and Senior Services offer an oral health program to help stop tooth decay. **This preventive screening and fluoride varnish program are both considered low risk for the spread of COVID-19,** for more information visit www.psp.health.mo.gov. The program is offered to **all** children in Missouri, including those who visit a dentist every year.

A dentist or hygienist will do an oral screening for your child's teeth. A trained volunteer will put a thin coating of fluoride varnish on your child's teeth to help stop tooth decay. The fluoride varnish is applied **two** times during the school year. Fluoride varnish is safe to use in stopping and reversing small areas of early tooth decay. Your child will also receive a free toothbrush and info on oral health.

- Tooth decay is the most common childhood illness that can be stopped.
- Children in the U.S. miss over 51 million hours of school because of dental problems.
- Decay in baby and adult teeth can be painful. It can stop children from eating, speaking, sleeping, and learning.

This service does not replace a regular dental check-up. It is recommended to visit a dentist once a year.

There is **no cost** for the screening and fluoride varnish treatment; but you must give your consent.

_____ **Yes**, I want my child to receive a dental screening and **two** thin coats of fluoride varnish, about three to six-months apart.

_____ **Yes**, I want my child to have the dental screening. I do not want my child to have the fluoride varnish.

_____ **No**, I do not want my child to be screened by this program.

Child's Name: _____

Teacher: _____ Grade: _____

Health History

Has your child ever had major health problems? No: ___ Yes: ___ please explain: _____

Does your child have any allergies? No: ___ Yes: ___ please explain: _____

Parent/Guardian Signature: _____ **Date:** _____